

Information and Advice

The Railway Benefit Fund (RBF) provides services that enable rail staff to live their “every day” lives; as well as helping them to overcome the life events that may impact on their family, financial or physical wellbeing, or their ability to sustain their employment within the rail industry.

RSSB recently highlighted that non-work-related stress can negatively impact on rail staff undertaking their day-to-day roles. The RBF offer dedicated legal advice and information resources that rail staff can access to help them navigate wider issues that they face outside of the workplace.

60% of rail industry staff recently surveyed said that fear and embarrassment of discussing personal issues was the major barrier preventing them from accessing employee support services.

The App is available for download for all Android and Apple devices via Apple Store or Google Play: just search for **Railway Benefit Fund**.

RBF Legal Helpline:

The RBF Legal Helpline is a free service which offers access to specialist legal advice across a range of different areas of law from wills and probate to child access disputes.

RBF Legal Helpline: 0345 241 2885, Option 2.

What can I do?

It is very simple - make your company RBF aware:

- Publicise the telephone number, website and service to your colleague and staff:
T: 0345 241 2885 (Option 2) -
E: support@railwaybenefitfund.org.uk -
W: www.railwaybenefitfund.org.uk
- Promote the RBF Legal Advice App and attach a link to the RBF website through internal staff briefings or newsletters.
- Speak to a member of the RBF team to develop your own specific copy for internal newsletters and staff bulletins; including co-branded materials as part of staff engagement and welfare programmes.

For further information on how the RBF can help you, your company and your employees, please contact us on 0345 241 2885 or visit our website www.railwaybenefitfund.org.uk

RBF Legal Advice App

The RBF Legal Advice App is a free open access advice resource that offers information on a wide range of legal matters, from parking fines to divorce and relationship breakdown.

The App allows staff to access information in real time and allows for confidential contact to RBF if they require further assistance.

"I found the helpline really useful when looking at my options following the breakdown of my marriage. The advisor was friendly, the advice was clear and helped me to decide what I could do next and what my choices were."

Merseyrail employee

