



HEART OF GOLD AWARDS

RAIL HERO FINALISTS

Award Sponsored By:



Leon Mason

Mobile Operations Manager - Network Rail

While commuting to work on September 2nd, the onboard supervisor announced over the Tannoy that there was a medical emergency onboard involving a 7-year-old child. Without hesitation Leon offered his assistance to the on-board supervisor and began providing life-saving care to the unresponsive child. Leon's quick thinking and decisive actions helped stabilise the child's condition. He coordinated with the train crew to arrange an ambulance to meet the train at East Croydon Station. When the train arrived at East Croydon a London Ambulance Paramedic arrived onboard and witnessed the level of first-aid care Leon had provided and as a result asked Leon to continue aiding her. Leon did so without question and then once the child was stable, he carried the child in his arms out of the station to an awaiting ambulance.

Leon's selfless act demonstrates his unwavering commitment to helping others, even when off duty. He always goes above and beyond to assist those in need. This incident is just but one example of the compassion and dedication shown by Leon every day in his role as a Network Rail Mobile Operations Manager.



Maurice Skinner

Platform Staff - GTR

A dedicated member of the railway community, Maurice demonstrated exceptional bravery and compassion in two separate incidents. His selfless actions, which undoubtedly saved lives, have cemented his status as a Rail Hero, inspiring us all with his courage.

In the first incident, Maurice performed CPR on a 16-year-old girl who had collapsed. Working tirelessly until paramedics arrived, he played a crucial role in saving her life. Recognising the signs of distress in another friend, Maurice quickly sought help and ensured that both girls received medical attention.

In another act of heroism, Maurice intervened when a suicidal young woman was in danger. He calmly talked her down from the platform, offering support and reassurance. Despite the carer's attempts to intervene, Maurice insisted on creating a safe space for the young woman and the emergency services. Maurice's swift decision-making and selflessness are a testament to his character. His actions have not only saved lives but have also kindled a spirit of compassion and bravery in others. He is a true role model for the railway community.



Grace-Anne Stephenson

Station Assistant Dispatch – Arriva Rail London

Grace, a dispatcher at Norwood Junction, is a true gem. With her eight years of service and motherly nature, she's affectionately known as "Aunty Grace" by both staff and customers.

On July 6th, a train was delayed due to an incident involving a young woman. Grace, noticing the commotion from her break, quickly intervened. She discovered the woman was distressed and in need of help. Grace approached the woman with compassion and empathy, offering comfort and support. She helped calm the woman down and ensured her safety, even accompanying her to a restaurant to eat and regain her strength. The woman expressed her gratitude and revealed that Grace had saved her life. Two months later, the woman gave birth to a healthy baby, a testament to Grace's care and support.

Grace's story is an inspiration to us all. Her compassion, empathy, and dedication to helping others are truly remarkable. She has not only saved a life but has also shown her colleagues the importance of kindness and understanding in the workplace.