



HEART OF GOLD AWARDS

RISING STAR FINALISTS

Award Sponsored By:
Furrer+Frey
Overhead contact lines



Dale Haggett

Supervisor - Network Rail

Dale dedicates himself to making a positive impact on the world. Whether it's through his charity work, his role as a scout leader, or his commitment to mental health and well-being in the workplace, Dale consistently goes above and beyond to help others.

Balancing a young family, and extensive volunteer work with his day job is no easy feat, but Dale manages to excel in all areas. His dedication to continuous improvement is evident in his pursuit of new skills and knowledge, such as becoming a Mental Health First Aider and a Wellbeing Champion in the workplace.

Dale generously gives his time and culinary skills to support elderly gentlemen who often live alone. His twice-yearly events provide a warm and welcoming space for these individuals to connect, socialize, and enjoy a delicious meal. As a scout leader, Dale dedicates countless hours to mentoring and developing young people. He plans and organises activities, attends summer camps, and takes time off work to ensure these experiences are meaningful and impactful.

Dale is a true asset to his community, and his positive impact will undoubtedly continue to ripple through the lives of those he touches.



Paris Ludlow

Learning and Development Assistant - c2c

In just under a year, Paris has become an indispensable member of the c2c team. Her positive attitude, kindness, and dedication have inspired and motivated her colleagues.

Paris has taken ownership of several critical projects, demonstrating her leadership skills and commitment to continuous improvement. She has spearheaded initiatives such as improving the induction process and developing a skills matrix for the company.

Her contributions to Learning and Development have been equally impressive. Paris approaches her work with enthusiasm and a solutions-oriented mindset, always seeking ways to enhance the learning experience for everyone.

Paris is a true rising star at c2c. Her natural ability to inspire others, coupled with her strong work ethic and dedication, make her a valuable asset to the team. We are excited to see her continued growth and success.



Sophie Styles-Hudson

Apprentice & Graduate Programmes Planner - Network Rail

Sophie, an Apprentice & Graduate Programmes Planner at Network Rail, has quickly made a significant impact. Despite being relatively new to the company, she has demonstrated exceptional kindness, empathy, and dedication to supporting early careers.

Sophie's commitment to her work extends beyond her primary role. She actively seeks out new responsibilities and offers support to the wider HR team, showcasing her versatility and dedication.

Admired by her peers and colleagues, Sophie is a rising star within Network Rail. Her passion, drive, and commitment to both people and her work make her an invaluable asset to the organisation.

We congratulate Sophie on her recent promotion and wish her continued success in her new role.